

Nritya Shakti, celebrated for its outstanding contributions to dance education and performance, is delighted to present "**Navrasa: Exploring the Spectrum of Emotions**" along with **Royal Opera House, Mumbai and Avid Learning**. This eagerly awaited dance spectacle promises to enthrall audiences with its cinematic journey into the profound depths of the nine fundamental emotions that define human experience.

"Navrasa: Exploring the Spectrum of Emotions" is a captivating dance production that intricately explores the diverse tapestry of human emotions. From the awe-inspiring miracle of birth to the intricate nuances of joy, sorrow, anger, courage, disgust, fear, peace, and love, each emotion is portrayed with exceptional sensitivity and depth. This narrative provides a comprehensive voyage through the complex emotional landscape of life, highlighting the resilience and spirit inherent in the human journey. Audiences will embark on an engaging exploration where each emotion unfolds as a pivotal chapter in this epic tale.

When - Tuesday, 2nd July 2024 | 7:00 PM – 9:00 PM

Where - Royal Opera House, Mumbai

Tickets - www.insider.in (Rs 399/- onwards)

Press Contact - Ayesah Dadachanji ayeshah.avid@gmail.com

About the Performers:

The performers are talented students from Nritya Shakti's Movement and Performance Conservatory, a prestigious six-month Diploma Program designed to cultivate dancers into industry professionals. This intensive program focuses on developing dancers with strong technique, versatility in movement, musical understanding, independent creative approach, and distinctive performance abilities. The performance is a fusion of contemporary, jazz, kathak, partner work, and abhinaya, seamlessly blending various dance forms to create a unique and captivating experience. "Navrasa: Exploring the Spectrum of Emotions" showcases the culmination of rigorous training and artistic excellence nurtured at Nritya Shakti.

About Nritya Shakti:

Founded by the renowned dancer and choreographer Shakti Mohan, Nritya Shakti is committed to the art of dance and fostering creative expression. The conservatory program empowers dancers to refine their skills and emerge as versatile professionals poised to leave their mark on the dance world.

About Royal Opera House, Mumbai

The Royal Opera House, Mumbai is widely touted as Mumbai's Cultural Crown Jewel and India's only surviving Opera House. The original idea for the space was conceived of in 1908, inaugurated in 1911 by King George V, and eventually completed in 1916. The design incorporated a blend of European and Indian detailing. The space became a cinema in later years before falling into disrepair and shutting by the 1990s. Fittingly, the space has been owned by the Royal Family of Gondal since 1952 and was eventually restored by conservation architect, Abha Narain Lambah under the leadership of His Highness, Maharaja Shri Jyotendrasinhji of Gondal. The Royal Opera House Mumbai, now one of the last remaining Baroque structures in the city, reopened after 25 years in October 2016. The building was included on the 2012 World Monuments Watch to raise awareness about its history and significance, and support preservation efforts. The building has since been recognized with an Award of Merit in the 2017 UNESCO Asia-Pacific Awards for Cultural Heritage Conservation. The restored facilities feature a 575-seater 3-level auditorium with an orchestra pit and state of the art technological upgradations, including acoustics, stagecraft, lighting and air-conditioning, alongside retaining the old world charm of the proscenium stage, the royal boxes and the magnificent regal chandeliers. Some more enhancements to the venue include a motorized screen, co-axial ceiling speaker system, Four-zone volume control and all round wifi access. Today, it stands as a key performance and creative hub in the city's cultural landscape, while being a premier heritage landmark. *Facebook:* MumbaiOpera *Twitter:* @MumbaiOpera *Instagram:* @mumbaiopera

About Avid Learning

Avid Learning is Essar's cultural philanthropy arm and India's leading arts and cultural programming platform. Founded in 2009, under the esteemed leadership of Mrs. Madhu Ruia as Founder & Chairperson, over the past decade and counting, Avid Learning has presented over 1650 multiverse and hybrid programs, domestically and internationally. Together with its online platform – AVID Online, launched in 2020 – Avid Learning has reached 1.8 million interested learners, globally.

With a vision to democratise the arts, create new audiences, and deepen engagement in India's burgeoning creative sector, Avid Learning thoughtfully curates diverse events that embrace the spirit of collaboration. It brings together the best of Indian and international think tanks, artists, intellectuals, cultural experts, and policymakers across a variety of multidisciplinary genres and new-age topics in Visual & Performing Arts, Literature, Culture & Heritage, Education, and Design & Technology.

Through engaging formats like panel discussions, workshops, master classes, roundtables, lecture demonstrations, festival platforms, symposiums, multidisciplinary performances, and walkthroughs, Avid Learning strives to impact cultural policy and pedagogy and enrich the creative sector in India thus, remaining firmly rooted in the arts and cultural ecosystem.

Avid Learning is at the curatorial helm at the Royal Opera House, Mumbai - India's only surviving Opera House since it was reopened in 2016. Avid Learning also regularly collaborates and partners with the diplomatic core in India, NGOs, innovative initiatives, and leading institutions like the National Gallery of Modern Art (NGMA), Chhatrapati Shivaji Maharaj Vastu Sangrahalaya (CSMVS), Federation of Indian Chambers of Commerce and Industry (FICCI), and many more.

In all its efforts, Avid Learning stands true to its motto that #LearningNeverStops